

NGĀ MŌHIOHIO MĀ KOUTOU KO TŌ WHĀNAU



KEYTRUDA® (pembrolizumab) is available as a 100 mg/4 mL concentrate for solution for infusion.

KEYTRUDA is a **Prescription Medicine** and may be used in **certain adults**:

- After surgery to remove melanoma, non-small cell lung cancer or renal cell carcinoma to help prevent the cancer from coming back.
- Before surgery to treat non-small cell lung cancer or triple-negative breast cancer and then continued after surgery to help prevent the cancer from coming back
- To treat bladder cancer which has not spread to nearby tissues but is at high-risk of spreading and where bladder removal is not preferred.
- To treat the following types of advanced cancers: melanoma, non-small cell lung cancer, malignant pleural mesothelioma (MPM), classical Hodgkin lymphoma (cHL), urothelial carcinoma, head and neck squamous cell carcinoma, renal cell carcinoma, gastric or gastroesophageal junction adenocarcinoma, oesophageal carcinoma, cutaneous squamous cell carcinoma, cervical cancer, endometrial carcinoma, triple-negative breast cancer, Merkel cell carcinoma (MCC), biliary tract carcinoma, or a kind of cancer that can occur anywhere in the body, including the colon or rectum, and is shown by a laboratory test to be microsatellite instability-high (MSI-H) or mismatch repair deficient (dMMR).

KEYTRUDA may be used to treat **certain children** with MPM, cHL, MCC, or MSI-H/dMMR cancer. It is not known if KEYTRUDA is safe and effective in children with MSI-H or dMMR cancer of the brain or spinal cord (central nervous system cancers). Children may also receive KEYTRUDA after surgery to remove melanoma.

KEYTRUDA can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These side effects can sometimes become life-threatening and can lead to death. These side effects may happen anytime during treatment or even after your treatment has ended. You may experience more than one side effect at the same time.

KEYTRUDA can cause some serious side effects. Serious side effects may include: lung problems, intestinal problems, liver problems, hormone gland problems, blood sugar problems, kidney problems, skin problems, problems in other organs and tissues, infusion reactions that can sometimes be severe, rejection of a transplanted organ or tissue, and complications in people with a bone marrow transplant that uses donor stem cells (allogeneic). These are not all of the signs and symptoms of immune system problems that can happen with KEYTRUDA.

Getting medical treatment right away may help keep these problems from becoming more serious.

You should not be given KEYTRUDA if you are allergic to pembrolizumab or to any of the other ingredients.

If you are pregnant, think you may be pregnant or are planning to have a baby, tell your doctor. KEYTRUDA can cause harm or death to your unborn baby. You must use effective contraception while you are being treated with KEYTRUDA and for at least 4 months after the last dose of KEYTRUDA if you are a woman who could become pregnant. Do not breastfeed while taking KEYTRUDA.

Very common side effects of KEYTRUDA include diarrhoea, nausea, itching, rash, joint pain, back pain, feeling tired, cough, patches of discoloured skin, stomach pain, decreased levels of sodium in blood, and low levels of thyroid hormone.

The side effects listed below are additional common side effects that may occur when KEYTRUDA is given together with another treatment, in addition to the very common side effects listed above.

With *chemotherapy* or *chemotherapy + radiotherapy*: hair loss, vomiting, decreased number of red blood cells, white blood cells and platelets in the blood, mouth sores, fever, decreased appetite, and swelling of the lining of the digestive system (for example mouth, intestines).

With *axitinib*: high blood pressure, decreased appetite, blisters or rash on palms of your hands and soles of your feet, increased liver enzyme levels, hoarseness, and constipation.

With *lenvatinib*: high blood pressure, decreased appetite, vomiting, weight loss, headache, constipation, hoarseness, urinary tract infection, stomach-area (abdominal pain), blisters or rash on the palms of your hands and soles of your feet, protein in your urine, increased liver enzyme levels, and feeling weak.

In children, common side effects of KEYTRUDA include fever, vomiting, headache, stomach pain, decreased number of red blood cells, cough, and constipation. (v59)

These are not all of the possible side effects of KEYTRUDA. If you have any side effects, talk to your doctor.

KEYTRUDA has risks and benefits. If you have not been prescribed KEYTRUDA, ask your doctor whether KEYTRUDA is right for you. For more information about KEYTRUDA refer to the Consumer Medicine Information available at www.medsafe.govt.nz/consumers/cmi/k/Keytruda.pdf

KEYTRUDA is funded to treat certain patients with the following cancers: melanoma, non-small cell lung cancer, MSI-H or dMMR colorectal cancer, triple-negative breast cancer, head and neck squamous cell carcinoma, urothelial carcinoma, and cHL. Patients must meet specific criteria to qualify for funding.

If KEYTRUDA is not funded for your particular cancer, you will need to pay the full cost of the medicine and its administration. Talk to your doctor about whether you qualify for funding, the cost of the medicine, and any other fees that may apply.



NGĀ MŌHIOHIO MŌ KEYTRUDA MĀ KOUTOU KO TŌ WHĀNAU



Ki te hiahia koe ki ētahi mōhiohio anō, me kōrero koe ki tō Rata Mate Pukupuku, ki tō Nēhi Mate Pukupuku rānei, me titiro rānei ki ngā Mōhiohio Rongoā mā te Kiritaki mō KEYTRUDA.

He aha a KEYTRUDA?

Ka tukuna a KEYTRUDA i runga i te whakahau rongoā, arā, e kīia ana he rongoa tūtohu. Kei roto i KEYTRUDA ko te matū hohe, ko pembrolizumab.

E kīia ana a KEYTRUDA he haumanu awhikiri i te mea ka mahi tahi me te pūnaha awhikiri o te tinana ki te tautoko i tā te pūnaha awhikiri kimi i ngā pūtau mate pukupuku, me te whawhai i aua pūtau. Ka āwhina a KEYTRUDA i te pūnaha awhikiri ki te mahi i tāna mahi - arā, ki te āwhina i tōu ake tinana ki te whawhai ki te mate pukupuku.

Ehara a KEYTRUDA i te hahau.

Ka pēhea te tukuna o KEYTRUDA

Ko KEYTRUDA ka hoatu ia 3 wiki, ia 6 wiki rānei, i runga i te inenga. He maha ngā wā ka kīia ēnei he 'waeine'.

Ka taea te hoatu a KEYTRUDA hei huinga me atu rongoā maimoatanga pukupuku. He mea nui kia pānuitia hoki e koe ngā Mōhiohio Rongoā mā te Kiritaki mō ērā atu rongoā. Mēnā he pātai āu mō aua rongoā, me pātai atu ki tō rata.

I te nuinga o te wā, ka tukuna ō maimoatanga e te Rata/Mātanga Mate Pukupuku, e te Nēhi rānei i tētahi hōhipera. Mā tō Rata/Mātanga Mate Pukupuku e whakatau te nama o ngā maimoatanga/huringa hei whiwhi māu.



Whāngaia ā-iaia



I roto i te 30 meneti



Ia 3 wiki, ia 6 wiki rānei i
roto i te pakeke

Ngā āhuatanga hei whakaaroaro i mua i te maimoatanga

Koe e kore e tika kia hoatu KEYTRUDA mena he mate mate koe ki te pembrolizumab, ki tetahi atu mea whakauru rānei kua whakarārangitia i te mutunga o te KEYTRUDA Rongoā korero rongoa mo nga kaihoko.

Mēnā kei te hapū koe, ki ō whakaaro rānei kei te hapū pea koe, kei te hiahia rānei koe kia hapū koe, me kōrero atu ki tō rata. Ka tūkinu pea, ka whakamate pea rānei a KEYTRUDA i tō pēpi kāore anō kia whānau mai. Mēnā he wahine koe ka taea e koe te hapū, me mātua whakamahi koe i te ārai hapūtanga whaitake i a koe e whakamaimoatia ana ki a KEYTRUDA, ka mutu, me whakamahi tonu mō te 4 marama, mō tētahi wā roa ake rānei, ā muri i te pota KEYTRUDA whakamutunga. Mēnā kei te whāngai ū koe, me kōrero atu ki tō rata. Kua e whāngai ū i te wā e whakamaimoatia ana koe ki a KEYTRUDA.

Ka pā atu pea ētahi pānga kino i a koe e whiwhi ana i a KEYTRUDA

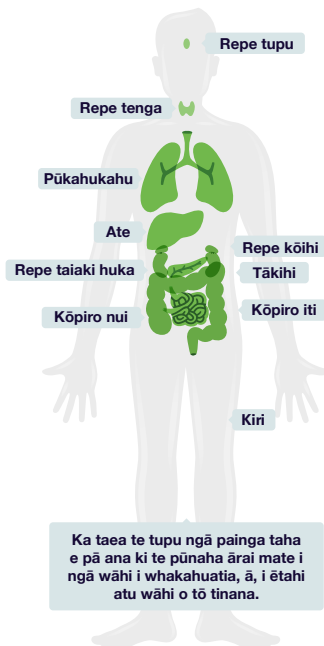
I a koe e whakamaimoatia ana ki a KEYTRUDA, ka auau ngā whakaritenga hei aroturuki i tō hauora me ngā pānga kino, mēnā rā he pānga kino.

Pērā i ngā rongoā katoa, ka ahu atu pea i a KEYTRUDA ētahi pānga kino, engari kāore e pā atu aua pānga kino ki ngā tāngata katoa.

Ka kōrero tō rata ki a koe mō aua pānga kino, ā, ka whakamārama i ngā tūraru me ngā painga o tō maimoatanga.

Nā KEYTRUDA ka pāngia pea e te pūnaha awhikiri ngā pūtau hauora i ētahi atu wāhanga o tō tinana. I ētahi wā he taumaha tonu ēnei pānga kino, ka mutu, i ētahi wā, he pānga whakamate.

He mea nui kia wawe tonu te whakamaimoa i a koe, mēnā ka pāngia koe e ngā pānga kino.



Me kōrero atu ki tō Rata/Mātanga Mate Pukupuku mēnā ka kite koe i ētahi pānga kino, i ētahi tohumate rānei. Mā te whakamaimoa wawe, ka aukatia pea te taumaha haere o ngā pānga kino.

Ka taea pea e koe te maimoatanga KEYTRUDA te whiwhi tonu, ahakoa ngā pānga kino, mēnā ka wawe te whakamaimoa i a koe.

Engari, ki te taumaha haere ngā pānga kino, ka whakamutua pea tō whakamaimoatia ki a KEYTRUDA. Kua koe e ngana ki te patu takitahi i ngā pānga kino.

Ngā painga taha tino noa

Ko ngā pānga kino a KEYTRUDA e tino kitea ana (arā, neke atu i te 1 i te 10 ngā tāngata ka pāngia pea) ko ēnei:

- Ka ngaro te tae o ētahi wāhanga o te kiri
- Te mamae o te puku
- Ka heke ngā rahinga konutai i roto i te toto
- Ka iti te taiaki repe tenga
- Te mate tikotiko, te whakapairuaki
- Te mamae pona
- Te mamae tuarā
- Te mangleo, te kōpukupuku
- Te ngenge
- Te maremare

Mō ngā pānga taha noa ka pā ki te whakamahinga o KEYTRUDA me ētahi atu rongoā, mehemea ka hoatu ki ngā tamariki, tirohia te Ngā kōrero rongoā mō ngā kaihoko KEYTRUDA.

Ngā pānga kino ā-pūnaha awhikiri

I te mea ka mahi tahi a KEYTRUDA me te pūnaha awhikiri, he pānga kino ka ahu atu pea i ngā pānga a te KEYTRUDA ki te pūnaha awhikiri.

He mea nui kia mataara ki ēnei pānga kino ki te pūnaha awhikiri kia wawe ai te maimoatanga. Mā konei e taea pea e koe te maimoatanga KEYTRUDA te whiwhi tonu.

Mēnā ka taea ō pānga kino te āta whakahaere, ka taea pea e koe te maimoatanga KEYTRUDA te whiwhi tonu.



Ina whiwhi koe i a KEYTRUDA, ka pā atu pea ki a koe ētahi pānga kino taumaha. I ētahi wā, he mate taihemo pea, ka mutu, ko te mate pea te otinga atu. Ka pā atu ēnei pānga kino i te wā o tō maimoatanga, ā muri rānei i te mutunga o tō maimoatanga. Neke atu pea i te kotahi ngā pānga kino ka pā atu ki a koe i te wā kotahi.

Me wawe tonu tō waea atu, tō haere atu rānei ki tō Rata, ki tō Nēhi rānei, mēnā ka pā atu ki a koe ētahi o ēnei tohu, o ēnei tohumate rānei:

Ngā tohu me ngā tohumate o ngā raru pūkakahukahu

- ka hēmanawa
- te mamae o te uma
- te maremare

Ngā tohu me ngā tohumate o ngā raruraru o ō kōpiro

- te mate tikotiko, ka auau ake rānei te haere ki te tiko
- he pango ō hamuti, he tā te āhua, he piripiri, he toto kei roto, he kea rānei kei roto
- he tino nui te mamae o te puku (arā, te whēkau e kīia nei te “stomach”), he pāwera rānei te puku

Ngā tohu me ngā tohumate o ngā raru o ngā repe taiaki (inā rā te repe tenga, te repe tupu, me te repe kōihi)

- ka tere te kapa manawa
- ka heke tō taumaha
- ka nui ake te werawera
- ka taumaha haere koe
- ka kore haere ngā makawe
- ka rongo i te mātao
- ka kōroke
- ka hahaka iho tō reo
- ka mamae ngā uaua
- ka pōātinitini, ka tirehe rānei
- he ānini mau roa o te māhunga, he ānini māhunga whanokē rānei

Ngā tohu me ngā tohumate o ngā raru huka toto

- ka nui ake te hiakai, te hiainu rānei
- ka nui ake te hiamimi
- ka heke te taumaha

Ngā tohu me ngā tohumate o ngā raru tākihi

- kua rerekē te nui, te tae rānei o tō mimi

Ngā tohu me ngā tohumate o ngā raru o te kiri

- te kōpukupuku
- te mango
- he pūputa kiri, he horehore, he hakihiaki rānei
- he mariao i rō waha, i rō ihu, i rō korokoro, i ngā taihemahema rānei

Ngā tohu me ngā tohumate o ngā raru ate

- te whakapairuaki, te ruaki rānei
- ka iti iho te hiakai
- ka mamae te taha matau o tō puku
- ka kōwhai te āhua o tō kiri
- ka kōwhai te āhua o ngā wāhi mā o ō karu
- ka uriuri te mimi
- ka māmā ake te toto, te marū rānei

Ngā tohu me ngā tohumate o ngā tauhohenga whāngai iaia (IV)

- ka hēmanawa
- te mango, te kōpukupuku
- te pōātinitini
- te kirikā

Ngā tohu me ngā tohumate o ngā raruraru i ētahi atu whēkau

- te mamae uaua, te ngoikore rānei
- ka rerekē tāu kite
- te mamae o te puku me te whakapairuaki me te ruaki (pancreatitis)
- te pōrauraha, te kirikā, ngā raruraru maumahara, te hukihuki (encephalitis)
- ka pupuhi ngā pona taikiri, he kōpukupuku te kiri, he pōrukuru pāwera rānei i te kiri, ka maremare, ka mamae rānei ngā karu (sarcoidosis)
- te hēmanawa, te manawa whakahipahipa, te ngege, te mamae uma rānei (myocarditis, pericarditis)
- te mamae, te tengatenga, te kēkerewai, te ngoikore rānei i ngā ringaringa me ngā waewae; ngā raruraru tōngāmimi, ngā raruraru kōpiro rānei, tae atu ki te pikinga o te auau o te hiamimi, te mate mimi turuturu, te uaua o te mimi me te kōroke (myelitis)
- te kakātanga o ngā ia toto (vasculitis)
- ka heke te kaha o te repe parathyroid, me te aha, ka pā atu pea te kuiki uaua, te hukihuki rānei, rongo ngege me te ngoikore (hypoparathyroidism)
- te mumura o te rākau o te kopu, tērā pea ko te mamae kopu, te whakangāwari rānei, te paipairuaki, te ruaki rānei (gastritis)
- ko te whakangaromanga o ngā pūtau toto where, tērā pea ko te mimi pōuri, te kiri, te kiri kōwhai rānei/kanohi, te māmā, te rongo i te ngege, te tere ngakau, te poto rānei o te manawa (haemolytic anaemia)
- ka mamae te taha matau o runga o te puku, ka pupuhi te ate, te kōateate rānei, rongo ngege, ka mangeo, ka kōwhai te kiri, ka kōwhai rānei te wāhi mā o ngā karu (sclerosing cholangitis)
- he iti iho te kaha o te pancreas ki te hanga i ngā whākōkī kūnātu, tērā pea ko te diarrhoea me ngā stools tārewa, hinu hoki, te ngaronga taumaha, te mate o te wheua metabolic, me te vitamine, ngā hēnga kohuke rānei (exocrine pancreatic insufficiency).

Ka pā atu pea ngā pānga kino o te maimoatanga KEYTRUDA ki te tangata kua whiwhi i tētahi huaranga whēkau

- Te ākiri i te whēkau i huarangatia. Ka nui ake pea te tūraru ākiri huaranga whēkau i te hunga kua whiwhi i ngā huaranga whēkau. Me kōrero tō rata ki a koe mō ngā tohu me ngā tohumate e tika ana kia pūrongorongotia e koe, ā, me āta aroturuki tō rata i a koe, i runga anō i te momo huaranga i whiwhi ai koe.
- Mate huaranga-tohe-i-te-papa (GVHD) i roto i te hunga kua whiwhi i ngā huaranga mongamonga kōiwi (pūtau tātā) whai pūtau tātā kaituku (allogeneic). Ka pā atu pea te GVHD mēnā kua whiwhi koe i tēnei huaranga. Ka aroturuki tō rata i a koe kei puta ēnei tohu me ēnei tohumate: te kōpukupuku kiri, te kakātanga o te ate, te mamae o te puku, me te mate tikotiko.

Ki te hiahia koe ki ētahi atu mōhiohio, me kōrero koe ki tō Rata Mate Pukupuku, ki tō Nēhi Mate Pukupuku rānei, me titiro rānei koe ki ngā Mōhiohio Rongoā mā te Kiritaki mō KEYTRUDA.



Tohutoro: ngā Mōhihio Rongoā mā te Kiritaki mō KEYTRUDA - <https://www.medsafe.govt.nz/consumers/cmi/k/Keytruda.pdf>

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