

# Questions to ask your doctor

**When considering cancer treatment options, it's important to have an open and informed discussion with your doctor.**

Here are some questions you can ask:

1. What kind of cancer do I have?
2. How serious is my cancer?
3. What treatments are there for my cancer?
4. What are the goals of the different types of treatment for my cancer?
5. Is my treatment funded by the government or will I have to pay for it myself?
6. How likely am I to achieve these goals?
7. Help me understand what the risks of each treatment might be?
8. How will the treatment affect my daily life and my quality of life?
9. How long will the treatment continue?
10. How often will I need treatment?
11. What are the common side effects of my treatment?
12. What are the possible serious side effects of my treatment?
13. Are there long-term or delayed side effects I should know about?
14. Will I need to make any lifestyle changes? For example, with food and exercise.
15. Is there anything I can do to help with side effects or improve my wellbeing?
16. Are there any support groups I can contact?
17. Who will ensure all my doctors and other healthcare providers are kept informed about my treatment?
18. Are there any other financial considerations or insurance coverage issues I should be aware of?

## **Remember:**

Take notes during your conversation with the doctor and ask for written information or reliable resources to further educate yourself about the treatment options.

Additionally, it's essential to involve your loved ones or a support person in these discussions to help you process the information and make informed decisions.

**Notes:**

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